



How to use Lemon Myrtle Essential Oil, Lemon Myrtle Soothing Balm and Lemon Myrtle Self-foaming Soap for Molluscum

This is not intended to be a medical instruction but it is information collected from customers who have successfully used this remedy.

Lemon Myrtle essential oil is potentially a skin irritant at 100% strength, so it's best to dilute to 5-10% in a pure vegetable oil (olive, sunflower etc) before applying topically on the affected area with cotton buds or q-tips directly onto the lesions, minimising contact with non-affected skin. Avoid contact with sensitive skin tissue, eyes, lips etc!

Start with 5-10% dilution (ie 1 drop **Lemon Myrtle Essential Oil** to 10-20 drops olive oil). If necessary, build up to 50% very very carefully, but go back to a lower concentration if skin becomes over irritated (red and dry).

Note: for other general non-molluscum use like massage, always use less than 1% strength, ie, 1 drop lemon myrtle essential oil to 100-200 drops vegetable oil (olive, sunflower, etc)

Apply 2-3 times per day for best results.

If the skin gets irritated, give it a break and apply the **Lemon Myrtle Soothing Balm** instead, until irritation is gone. Resume applying the diluted Lemon Myrtle Essential Oil. Once the molluscum lesions are gone, you can apply the Lemon Myrtle Soothing Balm as a soothing preventative and healer.

Wash affected areas with the **Lemon Myrtle Self-foaming Liquid Soap** to minimise spreading of lesions.

All the best, and please email us at info@lemonmyrtleessentials.com to let us know of your progress!

Visit <http://www.lemonmyrtleessentials.com/molluscum.htm> to read others' testimonials, and hopefully we can add yours soon too!

Furthermore, you can discuss with other customers how they used the product <http://www.facebook.com/lemonmyrtle>